

Key to Practice Descriptions:

Child/Adol/Adult - the ages of patients accepted

Medication- this person can prescribe medication if required

CBT- Cognitive Behavioral Therapy

ERP- Exposure Response Prevention, a technique specific to OCD treatment

OC Spectrum- also treats disorders related to OCD such as Body Dysmorphic Disorder (BDD), Scrupulosity (Scrup), Skin Picking (Skin), Tics/Tourette Syndrome, Trichotillomania (Trich), Perfectionism, Hoarding

Carla Mayorga Alvarez, Ph.D., HSP

Allegheny General Hospital

320 E North Ave Four Allegheny Center, 8th floor

Pittsburgh, Pennsylvania 15212

Phone: (412) 330-4000

Child, Adol, CBT, ERP, Family Therapy, Perfectionism, Spanish, Medical Assistance

Behavior Therapy Training Institute Graduate

Charles Berlin, MD

4615 Fifth Avenue

Suite 100

Pittsburgh, PA 15213

Phone: (412) 682-1259

Website: www.charlesberlin.com

Adults, Medication, ERP, CBT, Habit Reversal, OC Spectrum Disorder, Scrup, Trich, Perfectionism, Sliding Scale

Sliding Scale/Medical Assistance – financial assistance options

Support Group - facilitates a support group within the community

Family or Group Therapy- Offers treatment for groups or families

Home Visits will conduct a home visit to help patient overcome a specific problem

BTI Graduate-Completed a 3 day intensive course offered through the IOCDF on state of the art therapeutic methods for OCD and OC Spectrum disorders

Holly Bronder, LCSW

Pediatric Counseling Services

1501 Potomac Avenue, Suite 200

Pittsburgh, PA 15216

Phone: 412-388-0880

Fax: 412-388-1880

Email: holly.bronder@pediatriccounselingservices.com

www.pediatriccounseling.com

Child, Adol, CBT, ERP, Habit Reversal, OC Spectrum, Hoarding, Perfectionism, Scrup, Skin, Tics/Tourette's, Trich, Violent/Sexual Obsessions

Monica L. Garrick Drago, MD, MSW

Bldg. 1

11676 Perry Hwy., Suite 1204

Wexford, PA 15090

Tel 724-799-8300

Fax 724-799-8303

Child, Adol, Adults, Medication, ERP, CBT, Habit Reversal, Family Therapy, OC Spectrum Disorders, BDD, Scrup, Skin, Tics/Tourette's, Trich, Perfectionism, Hoarding, Violent/Sexual Obsessions

Nicholas Flower, PsyD

307 Fourth Ave
Suite 1100
Pittsburgh, Pennsylvania 15222
Phone: (412) 423-8660
Email: drnickflower@protonmail.com
Website: <http://www.drnickflower.com>

Adult, ERP, CBT, Group Therapy, Habit Reversal, Home Visits, Skills Training, Perfectionism, Scrup, Skin, Trich, Violent/Sexual Obsessions

Behavior Therapy Training Institute Graduate

Lawrence M. Glanz, PhD

155 N Craig Street – Suite 170
Pittsburgh, PA 15213
Phone: (412) 400-8485

Adol, Adult, CBT, ERP, Habit Reversal, Family Therapy, Group Therapy, BDD, Skin, Scrup, Trich, Tics/Tourette's, Perfectionism, Hoarding, Violent/Sexual Obsessions, Support Group

Raymond A. Hornyak, Ph.D.

Conemaugh Memorial Medical Center
1086 Franklin Street
Johnstown, PA 15905
Phone: (814) 534-9786

Adults, CBT, ERP, ACT, Habit Reversal, Family Therapy, OC Spectrum Disorders, BDD, Trich, Perfectionism, Hoarding

Robert Hudak, MD

3811 O'Hara Street
Pittsburgh, PA 15213
Phone: (412) 246-5600

Adults, Medication, ERP, Teletherapy, Treatment for Co-occurring Conditions, OC Spectrum Disorders, BDD, Scrup, Skin, Trich, Tics/Tourette's, Perfectionism, Hoarding, Violent/Sexual Obsessions, Autism, Medical Assistance

Behavior Therapy Training Institute Graduate

Behavior Therapy Training Institute Faculty

Joan Isenburg, M.Ed. Licensed Psychologist

4721 McKnight Rd, Suite 205
Pittsburgh, PA 15237

6315 Forbes Ave.
Pittsburgh, PA 15217
Phone: 412 364-4291

Adults, CBT

Behavior Therapy Training Institute Graduate

Alicia Kaplan, MD

4 Allegheny Center, 8th Floor
Pittsburgh, PA 15212
Phone: (412) 330-4335
Fax: (412) 330-4010

Adults, Medication, BDD, Accepts Medical Assistance

Joan Kaylor, MEd, NCC, LPC

157 Waterdam Road – Suite 260
Pittsburgh, PA 15317
Phone: (724) 942-5477
Fax: (724) 942-5479

Email: JoanKaylor@hotmail.com

Website: www.JoanKaylor.com

Child, Adol, Adults, ERP, CBT, Habit Reversal, Family Therapy, Skills Training, Teletherapy, Treatment for Co-occurring Conditions, BDD, Hoarding, PANDAs/PANS, Trich, Scrup, Skin, Tics/Tourette's, Perfectionism, Violent/Sexual Obsessions, Spanish, Offers Alternative Energy Psychology Treatment

Behavior Therapy Training Institute Graduate

Shannon Limerick-Gnas, MA

Beaver County Psychiatric Services
219 Third Street
Beaver, Pennsylvania 15009
(724) 775-9150

Email: shannongnas@yahoo.com

Child, Adol, Adult, ERP, CBT, Family Therapy, Habit Reversal,
Home Visits, Skills Training, Teletherapy, Treatment for Co-
occurring Conditions, OC Spectrum Disorders, Medical Assistance

Behavior Therapy Training Institute Graduate

Rebecca Mackin, LCSW

200 Cedar Ridge Drive
Suite 208
Pittsburgh, Pennsylvania 15205
Phone: (412) 921-7000

Adol, Adult, ERP, CBT, Family Therapy, Skills Training

Kimberly J. Morrow, LCSW

1373 West 6th Street
Erie, PA 16505
Phone: (814) 480.8908

Child, Adol, Adult, ERP, CBT, Habit Reversal, Family Therapy, Home
Visits, OC Spectrum Disorders, BDD, Scrup, Trich, Perfectionism,
Violent/Sexual Obsessions, Support Group

Behavior Therapy Training Institute Graduate

David M. Motily, MA, LPC, CAC

3939 West Ridge Rd
Suite B-44
Erie, PA 16506
Phone: (814) 836-0406

Email: dmmotily@mac.com

Adults, ERP, CBT, Substance Abuse

Behavior Therapy Training Institute Graduate

Ian Osborn, MD

558 Clarence Ave
State College, Pennsylvania 16803
(814) 769-1912

Adult, CBT, Teletherapy, Scrup, Violent/Sexual Obsessions

Kalie D. Pierce, NCC, LPC

228 Highland Ave.
Pittsburgh, PA 15206
Phone: (412) 874-9901

Adol, Adult, CBT, ERP, Habit Reversal, Home Visits, Family/Group/Talk
Therapy, DBT, BDD, Tics/Tourette's, Trich, Perfectionism, Scrup, Skin
Picking, post-partum OCD, Hoarding, Violent/Sexual Obsessions,
Sliding Scale, Medical Assistance

Margaret E. Sensue, PhD

Kreinbrook Psychological Services
40 Huff Ave.
Greensburg, PA 15601
Phone: (724) 836-3960 X315

Child, Adol, ERP, CBT, Habit Reversal, Family Therapy, OC Spectrum
Disorder, Trich, Perfectionism,

Behavior Therapy Training Institute Graduate

Carole Serbin, MA, LCSW

1450 Scalp Ave., Suite #209
Johnstown, Pennsylvania 15904
(814) 266-3196

Child, Adol, Adult, CBT, ERP, Family Therapy, Medical Assistance

Behavior Therapy Training Institute Graduate

Libreta Turner, NCC, LPC

1150 Thorn Run Rd, Suite 110

Moon Township, PA 15108

Phone: (412) 329-7778

Fax: (412) 262-1555

Email: lpcturner@gmail.com

Website: <http://www.aibdt.com/>

Child, Adol, Adult, CBT, ERP, OC Spectrum, BDD, Scrup, Skin Picking, Tics/Tourette Syndrome, Trich, Perfectionism, Violent/Sexual Obsessions

Pediatric Behavior Therapy Training Institute Graduate

Hilary L. Zurbuch, LPC

1099 Ohio River Boulevard

Sewickley, Pennsylvania 15143

(412) 721-9570

Email: Hilary@pgh-bt.com

Website: <http://pgh-bt.com>

Child, Adol, Adults, CBT, ERP, Family Therapy, Group Therapy, Home Visits, OC Spectrum, Perfectionism, Scrup, Hoarding, BDD, Tics/Tourette's, Violent/Sexual Obsessions, Sliding Scale

Pediatric Behavior Therapy Training Institute Graduate

Mental Health Professionals wishing to list their practice information on this website as well as the IOCDF website must maintain an active membership in the International OCD Foundation at the professional level. You can join the IOCDF online at

<http://www.ocfoundation.net/membership/>

Disclaimer and Terms of Use: *The International OCD Foundation, Inc. along with the OC Foundation of Western Pennsylvania provide this list of individuals who have indicated they treat OCD. We do not recommend or endorse the competence or expertise of anyone listed. The foundation has not investigated these individuals nor does it have the facilities to evaluate their competence in treating OCD. The Mental Health Professionals on this list are active professional members of the IOCDF who have expressed an interest in treating individuals with OCD and/or OC Spectrum Disorders. They have requested that their names appear on this referral list.*